

# Knowledge Organiser

Year 9 Autumn 1 2023

*Create Your Future*

“Look up at the stars and not down at your feet. Try to make sense of what you see, and wonder about what makes the universe exist.

**Be curious.”**

**Stephen Hawking (1942 – 2018)**

*A theoretical physicist, cosmologist, and author who, at the time of his death, was director of research at the Centre for Theoretical Cosmology at the University of Cambridge*

**Name:**

**Tutor Group:**

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Science, PE and Technology are on a rotation so have multiple pages in this booklet.  
Your teacher will direct you to the appropriate pages when setting work.

## In Class Expectations



## Out of Class Expectations





# Zeal

## Synonyms

Passion  
Devotion  
Eagerness  
Enthusiasm

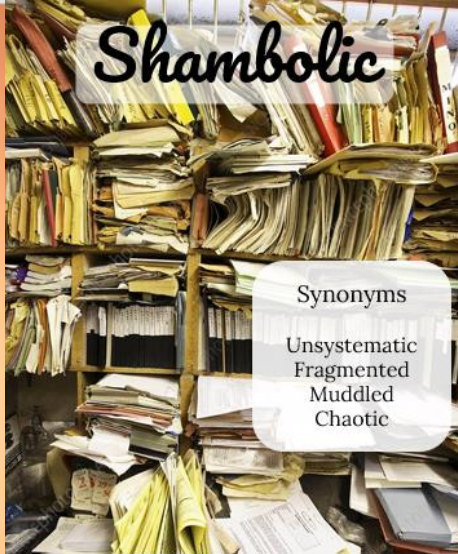


**NOUN:** great energy or enthusiasm in pursuit of a cause or an objective.

# Shambolic

## Synonyms

Unsystematic  
Fragmented  
Muddled  
Chaotic



**ADJECTIVE:** chaotic, disorganized, or mismanaged.

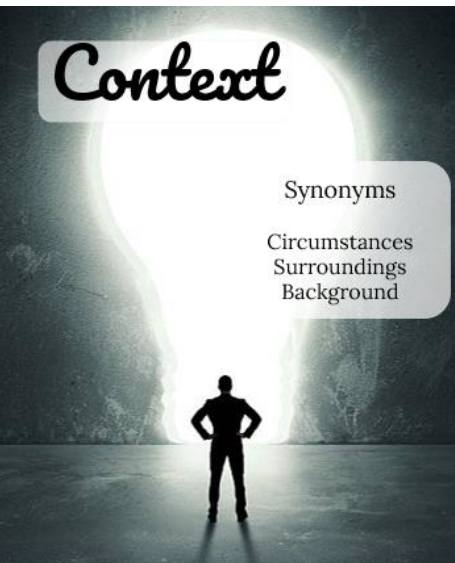
# Words of the Fortnight

	Word	Where have you used this in your work over the fortnight?	Examples of use in a sentence from a subject	Merits received?
11.09.23	Zeal			
25.09.23	Shambolic			
09.10.23	Context			
16.10.23	Efficient			

# Context

## Synonyms

Circumstances  
Surroundings  
Background

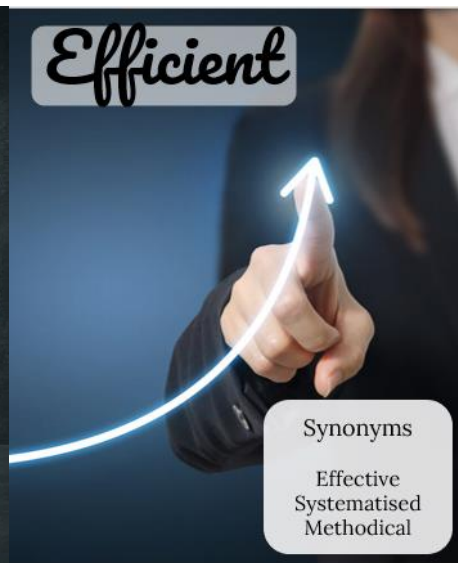


**NOUN:** the situation in which something happens and that helps you to understand it.

# Efficient

## Synonyms

Effective  
Systematised  
Methodical



**ADJECTIVE:** achieving maximum productivity with minimum wasted effort or expense.

# Guided Reading Tracker



Date	Title and author	Summary of reading (+interesting or new vocabulary learned)	Signed:	

As part of your library lessons, you are expected to complete **at least 20 minutes** of reading once a fortnight.

To track your reading, you need to complete a row of the table before each library lesson to show details of the book you have read.

Your table also needs to be signed by someone who has witnessed you reading. This will most likely be a parent/guardian but it can alternatively be signed by your tutor, classroom teacher, buddy reader, TA or Sarah in the library.

## Section 1: Key Vocabulary

Tier 3 vocabulary	Definition
<b>Morality</b>	Principles concerning the distinction between right and wrong or good and bad behaviour.
<b>African-American Vernacular English</b>	A variety of English spoken by African-Americans and Will's dialect in the text.
<b>Symbolism</b>	The use of symbols, usually objects, to represent deeper meanings or themes. E.g. Roses symbolise love.
<b>Anagram</b>	a word, phrase, or name formed by rearranging the letters of another. E.g. scares/ cares.
<b>Post-traumatic stress disorder</b>	Or PTSD, is a mental health condition that's triggered by a terrifying event – either experiencing or witnessing it.
<b>Bildungsroman</b>	A novel dealing with one person's formative years or spiritual education. The genre of <i>Long Way Down</i> .

## Tier 2 vocabulary

Tier 2 vocabulary	Definition
<b>Revenge</b>	The action of hurting or harming someone in return for an injury or wrong suffered at their hands.
<b>Protagonist</b>	The leading character/ one of the lead characters in a novel, film etc. Will is the protagonist in <i>Long Way Down</i> .
<b>Antagonist</b>	In literature, the principal opponent of a main character in a drama or narrative.
<b>Corruption</b>	Dishonest or illegal behaviour especially by powerful people.
<b>Dénouement</b>	The final outcome of the main dramatic complication in a literary work.

## Section 2: New Key Skills/Strategies

<b>C</b>	<b>CONNECTIVE</b>	Firstly, moreover, furthermore, in conclusion.
<b>P</b>	<b>POINT</b>	Use the wording of the question and identify what your paragraph will explore.
<b>E</b>	<b>EVIDENCE</b>	Find a relevant quotation and identify a language or structural device in it...
<b>A</b>	<b>ANALYSIS</b>	... and then explore the deeper meaning of this quote/technique and how it links to the question.
<b>T</b>	<b>THINK INTENTION AND IMPACT</b>	Explore the intentions of the author and the effect/impact of this on the reader.

## Model CPEAT Paragraph

Firstly, the poet presents Will's grief in the poem 'The Sadness' through the use of the symbolism of the 'tooth' and who it relates to. The 'tooth' represents Will's brother and the fact that the tooth is 'ripped' out of his mouth reflects how he feels emotionally about the murder of his brother – that something vital to Will and part of him has been taken away in a brutal and violent manner. The use of the verb 'ripped' evokes a sense of empathy in the reader as Will attempts to come to terms with his loss and his thoughts of revenge.

## Section 3: Context and Themes

## Gun Crime in America



- In 2020, 418 mass shootings took place in America
- 39,383 people in USA died of gun violence in 2019
- In 2019, there were 36 shootings in American schools
- Most American children are as likely to be killed by a gunshot as they are to die from cancer
- Firearm homicide was the leading cause of death for black men and boys aged 15-34 in 2017 and they were more than 10 times more likely to die from firearm homicide than white males of the same age group.

Write a description based on the image or the opening of a story set in a city.



## Creative Writing Top Tips

- Vary everything - vocab, sentence types, paragraphing etc.
- Show don't tell
- Focus on the different senses

## Section 1: Key Vocabulary

Tier 3 vocabulary	Definition
<b>Alternate angles</b>	Alternate angles occur where there is a pair of parallel lines and a transversal. They are angles that occur on opposite sides of the transversal line and are equal in size.
<b>Congruent figures</b>	Shapes that are exactly the same as each other.
<b>Corresponding angles</b>	Corresponding angles occur where there is a pair of parallel lines and a transversal. They are angles that are on the same side of the transversal line and are equal in size.
<b>Supplementary angles</b>	Supplementary angles occur where there is a pair of parallel lines and a transversal. They are the angles that lie on the same side of the transversal that passes through two parallel lines. The sum of these angles is $180^\circ$ .
<b>Transversal</b>	A <b>transversal line</b> passes through two lines at two distinct points.
<b>Parallel lines</b>	A pair of straight lines that never meet.
<b>Polygon</b>	A closed two-dimensional geometric figure that has a finite number of sides. The sides of a polygon are made of straight lines.

Tier 2 vocabulary	Definition
<b>Interior angle</b>	Angles that lie inside a polygon
<b>Exterior angle</b>	When the side of a polygon is extended, the angle formed outside the polygon is the <b>exterior angle</b> .
<b>Regular polygon</b>	A polygon where all angles are the same size and all sides are the same length
<b>Irregular polygon</b>	A polygon where the sides and the angles are not all the same size

## Section 2:

## Basic angle facts



Angles on a straight line add up to  $180^\circ$



A right angle is  $90^\circ$



Vertically opposite angles are equal



Angles around a point add up to  $360^\circ$



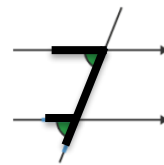
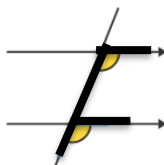
Angles in a triangle add up to  $180^\circ$



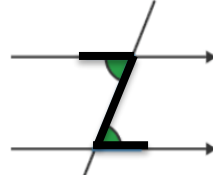
Base angles in an isosceles triangle are equal

### Angles in Parallel Lines

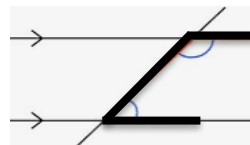
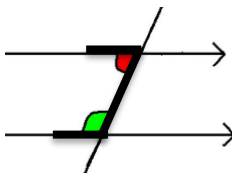
Corresponding angles are equal



### Alternate angles are equal

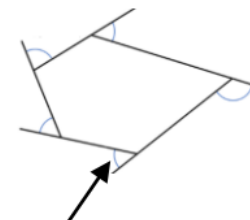


### Supplementary angles add up to $180^\circ$



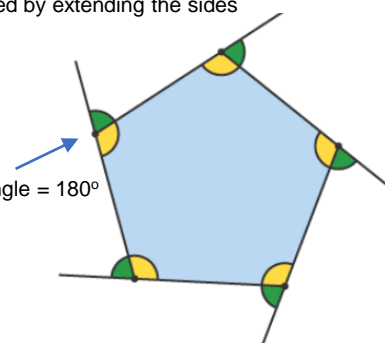
## Section 3:

### Exterior angles of Polygons



Exterior angles always add up to  $360^\circ$

Exterior angles are formed by extending the sides of a polygon

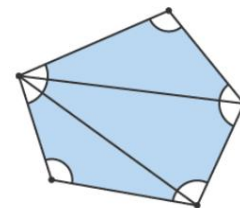


Interior angle + exterior angle =  $180^\circ$

### Interior Angles in Polygons

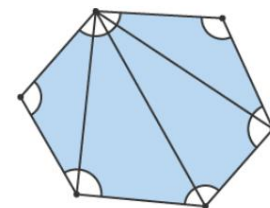
The sum of interior angles in a polygon can be found by splitting the shape into triangles. The number of triangles is always 2 less than the number of sides.

Sum of interior angles = (number of sides - 2)  $\times 180^\circ$



Pentagon (5 sides) can be split into 3 triangles

Angle sum =  $3 \times 180$   
=  $540^\circ$

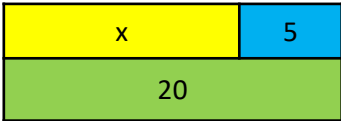
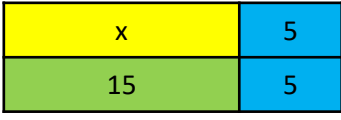


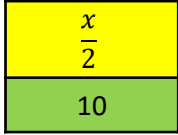
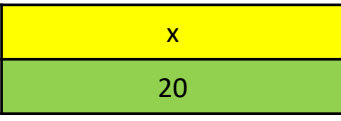


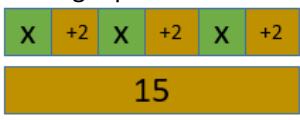
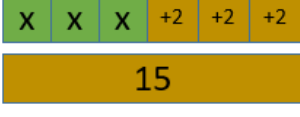
Hexagon (6 sides) can be split into 4 triangles

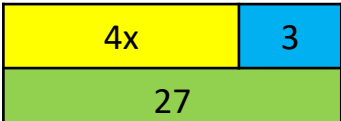
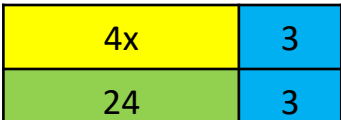

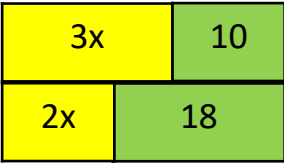
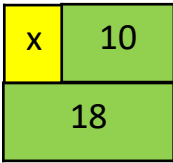
Angle sum =  $4 \times 180$   
=  $720^\circ$

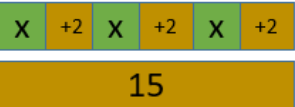
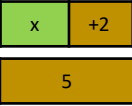
Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Algebra</b>	The use of letters or symbols to represent unknown values.
<b>Equation</b>	Shows two things as equal and can be solved to find an unknown, or variable amount.
<b>Solution</b>	A value or values which, when substituted for a variable in an equation, make the equation true.
<b>Unknown</b>	an unknown is a number we do not know. They are commonly used in algebra, where they are also known as variables and represented by symbols
<b>Coefficient</b>	The numerical multiplier for any variable in an expression/equation.
<b>Simplify</b>	To write in a simpler form by collecting common terms.

Tier 2 vocabulary	
Term	Definition
<b>Term</b>	A single number or variable
<b>Expression</b>	A "bit of algebra" with a minimum of two numbers/variables and at least one operation.
<b>Variable</b>	A quantity that may change within the context of a problem.
<b>Subject</b>	The unknown number we need to find the value of.
<b>Collecting terms</b>	Simplifying an expression by combining "like terms"
<b>Solve</b>	Numerical value that satisfies the equation.
<b>Product</b>	The result of a multiplication.

Section 2: Knowledge/Skills	
Solving one-step equations	
1.	
	$x + 5 = 20$
$-5 \quad -5$	
	$x = 15$
2.	
	$3x = 15$
$\div 3 \quad \div 3$	
	$x = 5$
3.	
	$\frac{x}{2} = 10$
$\times 2 \quad \times 2$	
	$x = 20$

Solving equations involving brackets	
	$3(x+2) = 15$
	$3x + 6 = 15$

Section 2: Knowledge/Skills	
Solving two step equations	
	$4x + 3 = 27$
$-3 \quad -3$	
	$4x = 24$
$\div 4 \quad \div 4$	
	$x = 6$
Solving equations with unknowns on both sides	
	$3x + 10 = 2x + 18$
$-2x \quad -2x$	
	$x + 10 = 18$
$-10 \quad -10$	
$x = 8$	

	$3(x+2) = 15$
$\div 3 \quad \div 3$	
	$x + 2 = 5$

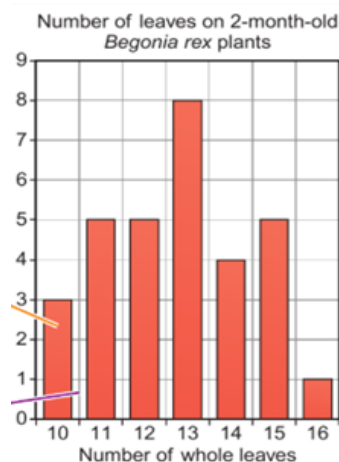


Tier 3 vocabulary	Definition
<b>Gamete</b>	The female (Egg/ovum) and male (sperm) sex cells
<b>Fertilisation</b>	Where two gametes join together forming a zygote with a full set of chromosome pairs
<b>Natural Selection</b>	Living things better adapted to their environment are more likely to survive and reproduce
<b>Zygote</b>	Fertilised egg cell containing a full set of DNA
<b>Haploid</b>	Cell half the DNA only one of each chromosome
<b>Diploid</b>	Cell with chromosome pairs (full set of DNA)
<b>Discontinuous</b>	Data can be any value within a range
<b>Continuous</b>	Data falls into discrete groups or categories
<b>DNA</b>	Deoxyribonucleic acid. A polymer that contains our genetic information
<b>Chromosome</b>	A structure found in the nuclei of cells. Each chromosome contains one enormously long DNA molecule packed up with proteins.
<b>Gene</b>	Section of DNA found in a chromosome, which often contains instructions for a protein.
<b>Allele</b>	Different versions of the same gene
<b>Dominant</b>	Allele that will always be expressed
<b>Recessive</b>	Allele that will only affect the phenotype if the other allele is also recessive.
<b>Heterozygous</b>	When both the alleles for a gene are different
<b>Homozygous</b>	When both the alleles for a gene are the same
<b>Genotype</b>	The alleles for a certain characteristic that are found in an organism.
<b>Phenotype</b>	The characteristics that a set of alleles produce.
<b>Mutation</b>	A change in the DNA base pairs

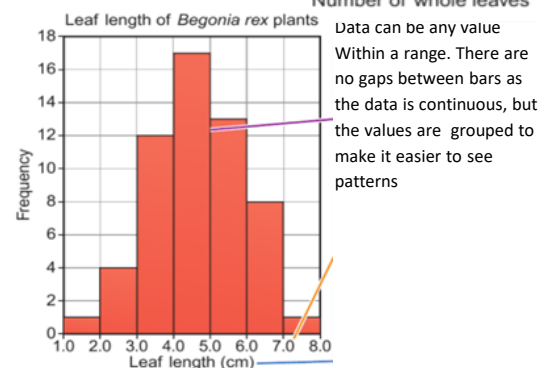
### Section 2: New Knowledge/Skills

#### Variation – Discontinuous

Data falls into discrete categories (you can not have a value in between) with a gap shown between on a graph. The y-axis shows frequency (the number of times something occurs)

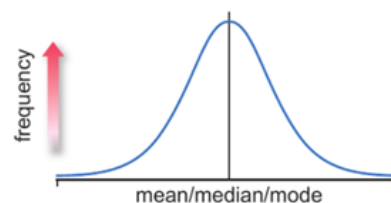


#### Variation - Continuous

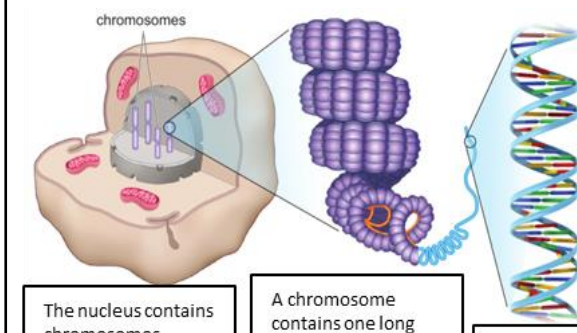


Data can be any value within a range. There are no gaps between bars as the data is continuous, but the values are grouped to make it easier to see patterns

In a normal distribution curve, the **mean** value is the same as the **mode** (most common value) and the **median** (the middle value).



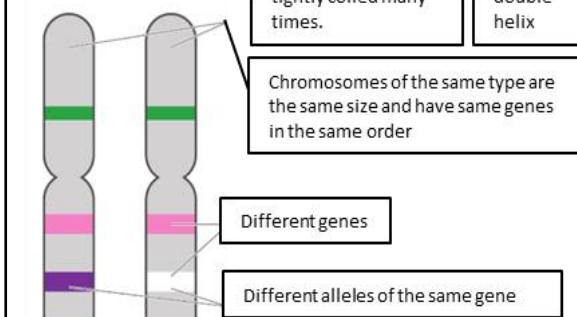
### Section 3



The nucleus contains chromosomes

A chromosome contains one long strand of DNA, tightly coiled many times.

DNA is a double helix

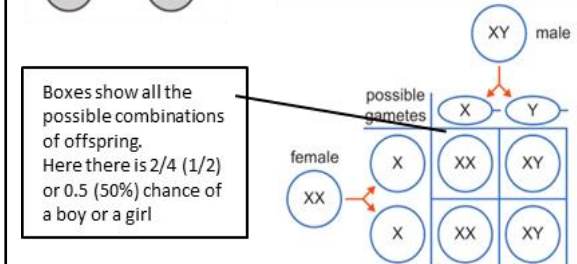


Chromosomes of the same type are the same size and have same genes in the same order

Different genes

Different alleles of the same gene

Boxes show all the possible combinations of offspring. Here there is 2/4 (1/2) or 0.5 (50%) chance of a boy or a girl



	possible gametes	X	Y
female	XX	XX	XY
	X	XX	XY

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Scalar quantity</b>	A quantity that has a magnitude (size) but not a direction
<b>Vector quantity</b>	A quantity that has both a size and a direction
<b>Velocity</b>	The speed of an object in a particular direction.
<b>Speed</b>	A measure of the distance an object travels in a given time.
<b>Displacement</b>	The distance travelled in a particular direction.
<b>Acceleration</b>	A measure of how quickly the velocity of something is changing.

Tier 2 vocabulary	Definition
<b>Magnitude</b>	The size of something, such as the size of a force or the measurement of a distance
<b>Unit</b>	What we measure a magnitude in. For example, the unit of distance is meters, the unit of time is seconds.
<b>Gradient</b>	A way of describing the steepness of a line on a graph in numbers

### Section 2: New Knowledge/Skills

All measurements are either scalar or vector quantities

Measurement	Scalar	Vector
Distance	Y	
Speed	Y	
Velocity		
Acceleration		
Weight		
All forces		
Energy	Y	

Fill in the missing Ys

### Calculating speed and acceleration

$$(\text{average}) \text{ speed (m/s)} = \frac{\text{distance (m)}}{\text{time taken (s)}}$$

$$\text{acceleration (m/s}^2\text{)} = \frac{\text{change in velocity (m/s)}}{\text{time taken (s)}}$$

When objects fall they accelerate due to the gravitational field on Earth. The values for these quantities are

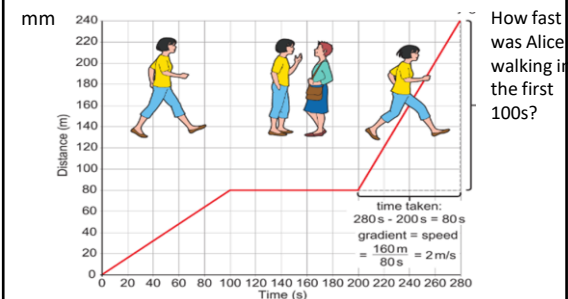
Acceleration due to gravity is  $10 \text{ m/s}^2$

Gravitational field strength is  $10 \text{ N/kg}$

### Section 3: Skills

#### Using a Distance / time graph

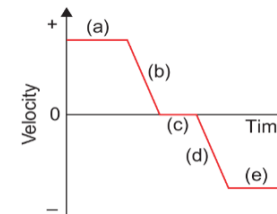
Alice is walking in the park. Alice stops to chat. Alice in now late  
She travels 80m in 100s to a friend for 100s so she has to jog



#### Reading a Velocity / Time graph

The journey of a lift.

We count up As positive.



The graph shows a lift moving up at a constant speed (a), slowing to a stop (b) and waiting at a floor (c) then accelerating downwards (d) and then travelling downwards at a constant speed (e)

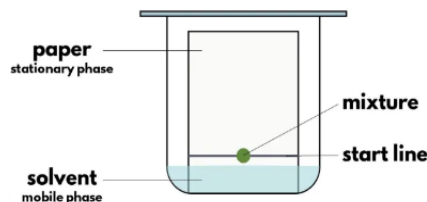
#### Distance travelled

The distance travelled can be worked out from a velocity - time graph by calculating the area under the graph for the period you are measuring.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Chromatography</b>	Carried out by spotting drops of the samples onto paper, and then allowing a solvent to move up the paper. Different components in the samples travel up the paper in the solvent at different rates.
<b>Chromatogram</b>	The piece of paper showing the results of carrying out chromatography on substances.
<b>Stationary phase</b>	The surface through which the solvent and dissolved substances move in chromatography.
<b>Mobile phase</b>	In paper chromatography, the solvent that moves along the paper carrying the dissolved samples with it.
<b>R<sub>f</sub> value</b>	The ratio of the distance travelled by the solute on a chromatogram (measured from the centre of the spot) to the distance travelled by the solvent under the same conditions.
<b>Potable water</b>	Drinking water
<b>Chlorination</b>	The process of adding chlorine to a substance, often to water.
<b>Sedimentation</b>	The process in which rock grains and insoluble substances sink to the bottom of a liquid.
<b>Distillation</b>	The process of separating a liquid from a mixture by evaporating the liquid and then condensing it.
<b>Distillate</b>	Something formed by distillation
<b>Condenser</b>	Apparatus for condensing vapour
<b>Filtrate</b>	Liquid that has passed through a filter
<b>Crystallisation</b>	Separating the solute from a solution by evaporating the solvent

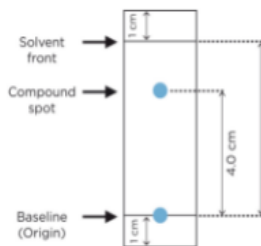
### Section 2: New Knowledge/Skills

Creating a chromatogram and calculate R<sub>f</sub> values



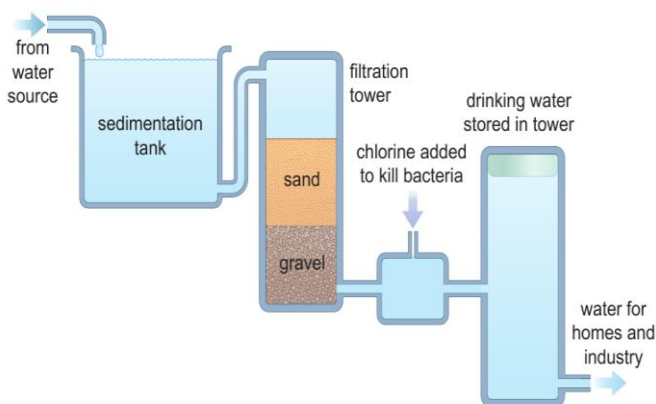
R<sub>f</sub> values can be used to identify unknown chemicals. The R<sub>f</sub> value is always the same for a particular substance.

The R<sub>f</sub> value = distance moved by spot / distance moved by solvent



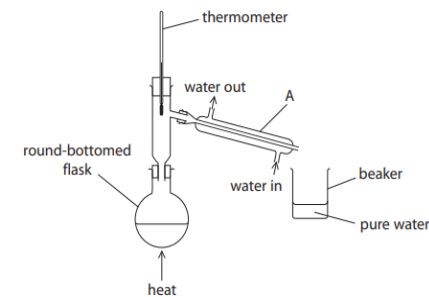
In the above example R<sub>f</sub> value =  $4.0/5.5 = 0.73$

Making potable water



### Section 3: Other subject specific things

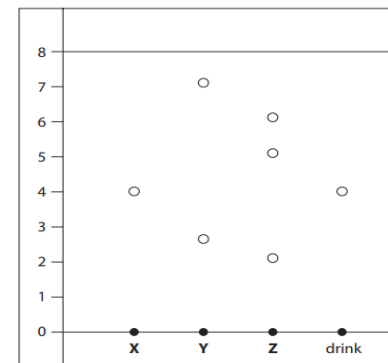
Apparatus for distillation



Apparatus for crystallisation



Chromatogram homework task:

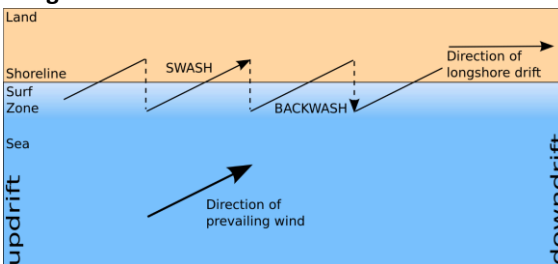


Tier 3 vocabulary	Definition
<b>Erosion</b>	Rock breaking into smaller pieces.
<b>Hydraulic action</b>	Erosion where the force of water against the cliff traps air in cracks in the rock. The rock expands under pressure and over time the rock breaks apart.
<b>Abrasion</b>	Erosion where sediment eg. rocks in the sea hits against the cliffs and break rocks. It acts like sandpaper.
<b>Attrition</b>	Erosion where sediment in the sea hits other sediment, breaking into smaller pieces. Continued attrition = smaller, smoother pebbles and sand particles.
<b>Solution</b>	Erosion where chalk and limestone are dissolved into the sea.
<b>Wave-cut platform</b>	Narrow flat area of hard rock often found at the base of a sea cliff.
<b>Headland</b>	A cliff of hard rock eg. granite, limestone or chalk, that sticks into the sea and erodes slowly.
<b>Bay</b>	The land curves inwards because it is made from soft rock eg clay, and has eroded more quickly.
<b>Sediment</b>	Eroded and deposited material from a variety of sources including cliff erosion and rivers. This may be rocks or sand.
<b>Longshore drift</b>	How sediment is moved along the beach by the sea. The prevailing (main) wind direction pushes it in a particular direction.
<b>Beach</b>	A shore between the high and low water marks, made of deposited sediment.
<b>Spit</b>	A landform created by sediment that has been transported by longshore drift and deposited in the sea. It is a narrow beach.
<b>Hard engineering</b>	Coastal management using structures eg. walls.
<b>Soft engineering</b>	Coastal management that is more natural eg. beach nourishment.

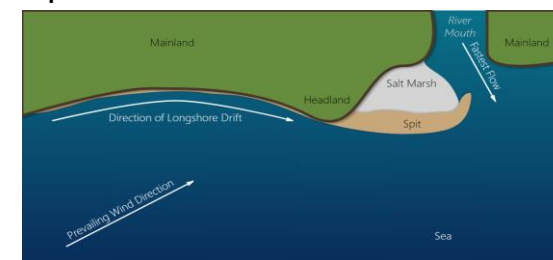
Tier 2 vocabulary	Definition
<b>Sustainability</b>	Meeting the needs of the present without compromising the ability of future generations to meet their own needs
<b>Social</b>	About people and their community eg. health and education.
<b>Economic</b>	About money eg. jobs and house prices.
<b>Environmental</b>	About our surroundings eg. animals and plants.

## Section 2: New Knowledge

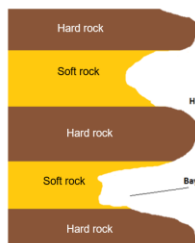
### Longshore drift



### Depositional features



### Headlands and Bays



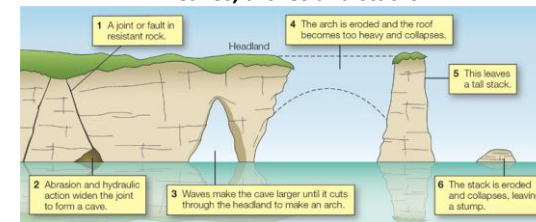
A headland is a cliff that sticks out into the sea.

A bay is an indentation in the coastline between headlands.

- The tougher hard rock (eg. granite) will erode more slowly = headlands.
- The weaker soft rock (eg. clay) will erode more quickly = bays.
- Bays are sheltered = deposition and beaches are formed.

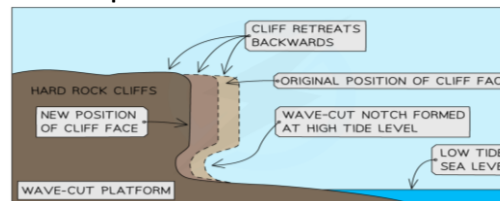
### Erosional features

#### Caves, arches and stacks



- Erosion attacks a line of weakness in the cliff = cave.
- Continued erosion (eg. abrasion) erodes the back of the cave = arch.
- This is unstable and not supported, so collapses = stack.
- The stack is eroded from the base by the sea and weakened at the top by weathering = stump.

### Wave-cut platforms



- Waves erode the base of the cliff between the high and low tide levels.
- Continued erosion eg. abrasion = wave-cut notch and overhanging cliff = becomes unstable.
- Eventually it collapses leaving a flat area of rock (wave cut platform) and the cliff retreats (moves backwards).

### Coastal management

Management techniques	
Hard engineering	Soft engineering
Walls	Beach nourishment
Groynes	Beach reprofiling
Rock armour	Dune regeneration
Gabions	Managed retreat

## Section 3: Geographical Skills

- Compare an OS map with aerial and ground-level photos to identify coastal landforms, and how people try to manage the coast.
- Consider different viewpoints and justify decisions about coastal management.

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Front Line</b>	The land nearest the enemy, where the fighting takes place
<b>British Empire</b>	Collection of counties under British control
<b>Imperialism</b>	The desire to have the best collection of countries and to be rich
<b>Trench</b>	Long, thin hole in the ground
<b>Munitions</b>	Bombs, guns, bullets; anything connected with fighting weapons
<b>Home Front</b>	Where events of the war had an impact in Britain.
<b>Fascist</b>	A person or political party with extreme right-wing views, often including racism, national and complete obedience to authority
<b>Conscription</b>	A law that forces all men to join the army
<b>Shell Shock</b>	The psychological effects of war

Tier 2 vocabulary	
Tier 2 vocabulary	Definition
<b>Militarism</b>	The desire to have the biggest army and navy
<b>Propaganda</b>	Spreading information which is often false or misleading, to persuade people to support a point of view or cause.
<b>Alliance</b>	An agreement between two or more countries to support each other.

## Section 2: New Knowledge

### The First World War

**August 1914**- The first shot fired by a soldier in Togoland, a small German colony (now part of modern day Togo and Ghana).

**November 1914**- Britain and France declare war on the Ottoman Empire.

**1915**- Right to work march by women, to show the government their value.

**April 1915**- Second Battle of Ypres. Poison gas used.

**January 1916**- conscription introduced.

**July 1916**- Battle of the Somme begins.

**April 1917**- USA declares war on Germany.

**July 1917**- Battle of Passchendaele.

**March 1918**- Russia reaches a peace with Germany.

**November 1918**- Armistice signed.

### The Rise of Dictatorships in Europe

**November 1917**- Russian Revolution Lenin and the communists take power.

**1922**- Mussolini announced he was marching to Rome to take over. He was dressed all in black.

The king made him Prime Minister of Italy.

**November 1923**- The Munich Putsch- Hitler tried to seize power, but ended up in prison where he wrote Mein Kampf.

**1924**- Lenin dies and Stalin takes over in Russia.

**1932**- The British Union of Fascists (BUF) is formed by Oswald Mosley in Britain.

**January 1933**- Hitler becomes Chancellor- This meant that Hitler was now in charge.

**1936**- Spanish civil war starts.

**1939**- Spanish civil war ends, Franco becomes the fascist leader of Spain.

**1940**- BUF declared illegal and Mosley was interned for WW2

## Section 3: Enquiry Questions

What was it like to be British during the First World war?

Why did dictatorships take power in Europe in the 1930's?

## Section 4: Source Analysis

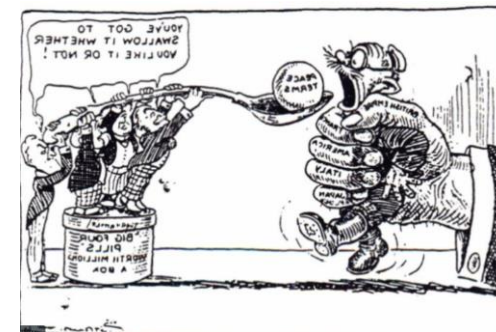
When analysing sources consider the following:

**Content**- What is happening in the picture, who are the key people, what message is it giving?

**Context**- What else is happening at the time?

**Purpose**- Why was this cartoon drawn?

**Provenance**- Who drew it? Who is it the audience?



## Section 5: Interpretations

How and why historians and others have interpreted the same events and developments in different ways.

For example:

Some historians will argue that Hitler became Chancellor because of the Great Depression.

Other historians will argue that it was due to leadership skills.



Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Evidence</b>	A thing or set of things helpful in forming a conclusion or judgment
<b>Proof</b>	Any evidence that establishes or helps to establish the truth of something.
<b>Interpretation</b>	The meaning assigned to another's creative work, action, behaviour, etc.
<b>Argument</b>	A course of reasoning aimed at demonstrating truth or falsehood
<b>Theology</b>	The study of the nature of God and religious truth.
<b>Allah</b>	The Arabic word for God in Abrahamic religions.
<b>Premise</b>	Statement from which another is inferred or follows.
<b>Conclusion</b>	The proposition established from one or more premises.
<b>Valid/invalid</b>	Containing premises from which the conclusion may logically be derived or not: <i>a valid/invalid argument</i> .
<b>Suffering</b>	Pain or distress caused by injury, illness or loss. Suffering can be physical, emotional/psychological or spiritual.
<b>Enlightenment</b>	Knowledge, wisdom, or awakened intellect, of a Buddha. A sudden insight into a transcendental truth or reality.
<b>Karma</b>	The totality of a person's actions and conduct during successive incarnations, that influence their rebirth.
<b>Natural Suffering</b>	Pain or distress caused by natural events such as earthquakes, flood, disease, etc.
<b>Moral suffering</b>	Pain or distress caused by the actions of humans such as killing, theft, etc.

Section 2: Key Questions
<p><b>Facts, beliefs and opinions</b></p> <p>Describe the difference between facts, beliefs and opinions. Find out more about the place of interpretation and viewpoints in our views of the world. Consider questions such as: what do we mean by evidence, proof or likeliness in relation to religious questions? Apply words like 'evidence', 'proof' 'interpretation' and 'argument' accurately in discussions about God.</p>
<p><b>The Kalam Argument</b></p> <p>Describe the Islamic argument that God must exist because the universe had a beginning, and must have had a divine cause (the Kalam Cosmological argument). Find out more about Muslim beliefs in God / Allah. Consider questions about the Muslim experience of prayer, nature and theology which lead Muslims to be sure God / Allah is real. Think of reasons why some people think it is rational and logical to believe in God.</p>
<p><b>Buddhist views on God</b></p> <p>Describe Buddhist understandings of the importance of reducing suffering, and the unimportance of dogma about God. Find out more about the Buddhist view of life. Consider questions such as: what matters most to Buddhists? Why did the Buddha refuse to answer 'God-questions'? Think of reasons why some people don't care about God at all.</p>
<p><b>Buddhist views on Suffering</b></p> <p>Think about the story of the enlightenment of the Buddha and the effect this had on his life. Think about the idea of being 'enlightened' in life for yourselves. Consider questions about the causes of suffering and how to reduce suffering. Think of reasons why Buddhists seek to live without relying on God, but relying on their own effort, mindfulness and practice.</p>

Section 3: Assessment Essay Question:
<p><b>Assessment Essay Question:</b></p> <h2>Do we need to prove God's existence?</h2> <p>In answering the question - you should consider:</p> <ul style="list-style-type: none"> <li>• What's the difference between facts, beliefs and opinions?</li> <li>• Why do Muslims believe in God? Do they believe God can be proven to exist?</li> <li>• Why did the Buddha think belief in God was unimportant?</li> <li>• In Buddhist thinking, what can save us from pain and suffering?</li> </ul> <p><b>Skills checklist –</b> As you write your essay check that you have included...</p> <p><b>Knowledge –</b> facts and religious or non-religious beliefs,</p> <p><b>Impact of belief –</b> how it affects what people think and do,</p> <p><b>Specialist terms,</b></p> <p><b>Sources of authority –</b> where people get their ideas/beliefs from – quotations,</p> <p><b>Judgement –</b> how strong, valid or sound the argument is,</p> <p><b>Opinion –</b> at least 2 different points of view</p>

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Life</b>	The existence of an individual human being or animal.
<b>Purpose</b>	A person's sense of resolve or determination. Or: The reason for which something is done or created or for which something exists.
<b>Death</b>	The action or fact of dying or being killed; the end of the life of a person or organism.
<b>Hedonist</b>	A person who believes that the pursuit of pleasure is the most important thing in life; a pleasure-seeker.
<b>Euthanasia</b>	The painless killing of a patient suffering from an incurable and painful disease or in an irreversible coma.
<b>Abortion</b>	The deliberate termination of a human pregnancy
<b>Sanctity of Life</b>	Human life is holy, precious and sacred.


Section 2: Sources of Authority
John 5:24-25
John 5:28-29
John 14:1-7
Corinthians 15:51-57
Revelations 21:1-4

Section 2: New Knowledge/Skills
<b>Key Questions:</b> What do people believe about life?  What do people believe about the afterlife?  What is the sanctity of life?  What is abortion?  What is euthanasia?  Has medicine gone too far?  Why do we have funerals?  What do Buddhists believe about life and death?  Does death matter to Humanists?  Is this life hell?
<b>Abortion:</b> <b>UK Law</b> Legal up to 24 weeks (in some circumstances) with the agreement of two doctors.  <b>Christianity</b> Some argue we should be compassionate and permit abortion if the mothers life is in danger. Other Christians say it is a moral evil because every life is a gift from God.
<b>Euthanasia:</b>  <b>UK Law</b> Illegal and considered either murder or manslaughter and carries a life in prison penalty. Hospices and palliative care offer pain relief and comfort as end of life care.  <b>Christianity</b> Christians are generally against Euthanasia - "Do not commit murder" but some argue "the most loving action"

Section 3: Assessment Essay Question:
<b>Assessment Essay Question:</b>  <h2>Is Death the End?</h2>  In answering the question - you should consider: <ul style="list-style-type: none"> <li>A range of beliefs regarding the possibility of life after death.</li> <li>Consider where these beliefs come from?</li> <li>the importance of this life compared to the hope of an afterlife. (Remembering to consider different views).</li> <li>The impact of differing views of life after death on how individuals view earthly life.</li> <li>Similarities and differences between Humanists and Christian funeral services.</li> <li>Similarities and differences between Buddhist, Christian and Humanists on the purposes of life.</li> </ul> <b>Skills checklist –</b> As you write your essay check that you have included... <b>Knowledge –</b> facts and religious or non-religious beliefs,  <b>Impact of belief –</b> how it affects what people think and do,  <b>Specialist terms,</b>  <b>Sources of authority –</b> where people get their ideas/beliefs from – quotations, <b>Judgement –</b> how strong, valid or sound the argument is,  <b>Opinion –</b> at least 2 different points of view

Section 1: Key Vocabulary/Questions	
Tier 2 vocabulary	Definition
<b>Present tense</b>	Used to talk about what is happening now.
<b>Near future tense</b>	Used to talk about 'is going' to happen.
<b>Perfect tense</b>	Used to talk about what has happened in the past.
<b>Regular verbs</b>	Follow a pattern (-er, -ir, -re)
<b>Irregular verbs</b>	Follow their own pattern (eg avoir/être/ aller/faire)
<b>Reflexive verbs</b>	A verb that expresses an action that you do to yourself. However some verbs are reflexive in French and not in English.
Questions	Translation
1. Où vas-tu normalement le weekend?	Where do you go at the weekend normally?
2. Qu'est-ce que tu fais	What do you do?
3. C'est comment?	What is it like?
4. Où es-tu allée le weekend dernier?	Where did you go last weekend?
5. Qu'est-ce que tu as fait?	What did you do?
6. C'était comment?	What was it like?
7. Où vas-tu aller le weekend prochain?	Where will you go in the future?
8. Qu'est-ce que tu vas faire?	What will you do in the future?
9. ça va être comment?	What will it be like?

Section 2: Grammar			
<b>Three Time Frames Review</b> Use a range of time frames for each verb (regular and irregular)			
	Present	Past	Near Future
Je/j Je/j Je/j Je/j Je/j Je/j Je/j	porte finis vends ai suis vais fais	ai porté ai fini ai vendu ai eu ai été suis allé(e) ai fait	vais porter vais finir vais vendre vais avoir vais être vais aller vais faire
☆ <b>Present tense time phrases</b> - normalement, d'habitude, quelquefois, de temps en temps, maintenant, souvent  ☆ <b>Past tense time phrases</b> - le weekend dernier, hier, hier soir, la semaine dernière, l'année dernière, récemment.  ☆ <b>Future tense time phrases</b> - demain, le weekend prochain, la semaine prochaine, l'année prochaine, à l'avenir			
<b>Reflexive verbs</b> Reflexive verbs have a reflexive pronoun before the verb			
	se disputer (avec) to argue (with)	s'entendre (avec) to get on (with)	
Je me/m' Tu te /t' Il/elle/on se/s' Nous nous Vous vous Ils/elles se/s'	dispute disputes dispute disputons disputez disputent	entends entends entend entendons entendez entendent	
☆ Je m'entends bien avec... I get on well with.... ☆ Nous nous fâchons contre....We get angry with ☆ me /te/se shorten to m'/t'/s' before a vowel ☆ avec lui –with him/avec elle – with her/avec eux with them (m)avec elles -with them (f).			

Section 3: WAGOLL
<p>Salut! Je m'appelle Hugo et j'ai quatorze ans. Quand je suis avec mes amis, j'adore faire des promenades à la campagne, rigoler et prendre des photos! Cependant, quand je suis seul, j'aime la lecture et lire des BD. Mes meilleurs copains s'appellent Kilian et Lucie et d'habitude je m'entends vraiment bien avec eux. Kilian est super gentil et Lucie a un bon sens de l'humour mais parfois on se dispute et elle se fâche contre moi.</p>  <p>Normalement pour fêter mon anniversaire je vais en ville avec ma famille où nous mangeons au restaurant chic. Pourtant, cette année, c'était différent car j'ai invité mes copains à une fête chez moi et on s'est bien amusés! D'abord j'ai ouvert mes cadeaux. J'ai reçu des jeux vidéo et des BD donc j'étais super heureux! Ensuite nous avons pris des pizzas et nous avons mangé trop de gâteau d'anniversaire! Quelle chance! Après nous avons écouté de la musique et j'ai pris beaucoup de selfies marrants. C'était hyper cool!</p> <p>Samedi prochain je vais aller au mariage de mon oncle, Adil et son compagnon Lucas. Je vais porter un costume noir, une chemise blanche, une cravate verte et bleue et des chaussures noires. Je pense que je vais être très élégant! On va sortir au restaurant après le mariage et on va manger un repas spécial, ça va être incroyable!</p> <p><b>À savoir:</b> Connectives help to develop and extend your sentences:  <b>aussi</b> - also (goes after the first verb: j'aime aussi les chiens)  <b>et</b> - and  <b>ou</b> - or  <b>mais</b> - but  <b>cependant</b> – however</p>  <p><b>À trouver</b></p> <p>😊 <b>La Journée Internationale</b> d on 30<sup>th</sup> July. Can you describe what it is?</p> <p>😊 France has produced some of the world's top <b>fashion designers</b> including Coco Chanel and Christian Lacroix. Can you find some other French designers?</p> <p>😊 Did you know that <b>denim</b> was invented in France? Can you find out where?</p>

FRENCH Y9 Word list Autumn 1.A		
	comme sports	as for sports
	tellement	particularly
	poster	to post/posting
	rigoler	to have a laugh
	en ville	in town
	des randonnées	hikes
	pendant	during
	aller à la pêche	to go fishing/going fishing
	nager	to swim/swimming
	surtout	especially

FRENCH Y9 Word list Autumn 1.B		
	l'heure du déjeuner	lunch hour
	les activités extrascolaires	extra-curricular activities
	complètement	completely
	sauf	except
	participer à	to participate/ participating in
	je participe au club (de danse)	I participate in the (dance) club
	le footing	jogging
	par exemple	for example
	tous les vendredis	every Friday
	une fois par semaine	once a week

FRENCH Y9 Word list Autumn 1.C		
	frisé	curly
	raide	straight
	les lunettes	glasses
	court	short
	se fâcher contre lui/elle/moi	to get angry with him/her/me
	se disputer avec	to argue with
	s'entendre avec	to get on with
	Je m'entends bien avec lui/elle	I get on well with him/her
	un meilleur ami	A best friend (m)
	une meilleure amie	A best friend (f)

FRENCH Y9 Word list Autumn 1.D		
	recevoir	to receive/receiving
	reçu	received (pp)
	finalemt	finally
	apporter	to bring/bringing
	ouvrir	to open/opening
	ouvert	open/ed
	fêter	to celebrate/ celebrating
	cette année	this year
	normalement	normally
	dormi	slept (pp)

FRENCH Y9 Word list Autumn 1.E		
	emprunter	to borrow/borrowing
	mettre	to put/putting
	un chapeau	a hat
	je pense que	I think that
	une casquette	a cap
	sortir	to go out/going out
	acheter	to buy/buying
	une chemise	a shirt
	une jupe	a skirt
	moche	ugly

FRENCH Y9 Word lists Autumn 1.A-E revision set		
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**REVISION:**  
Scan this QR code which links to the  
French Y9 [Quizlet word list folder](#).



Phonics: on/om	
bon	compliqué
donner	comme

Phonics: in/un	
intéressant	un
dessin	brun

Phonics: au/eau/o/ô	
chaud	bateau
poster	hôtel

Phonics: en/an	
ennuyeux	relaxant
entendre	amusant

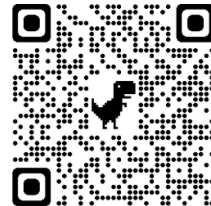
Phonics: ail/aïlle	
travail	paille
ail	maillot

Phonics: ill/ille	
gentil	fille
lentil	juillet

Phonics: liaison with 's' and a vowel	
plus_ennuyeux	moins_intéressant
très_important	je vais_aller

Section 1: Key Vocabulary/Questions	
Tier 3 vocabulary	Definition
<b>Separable verb</b>	Verbs which have a prefix that separates from the main verb when conjugated. The verb does not separate when used in the infinitive
<b>Reflexive verb</b>	A verb which needs a reflexive pronoun that matches the subject ( <u>ich</u> wasche <u>mich</u> )
<b>Infinitive</b>	the verb in its original form (usually ending in <b>en</b> – spielen -or occasionally <b>ln</b> – segeln)
<b>Auxiliary verb</b>	these help another verb, often to express tense or possibility.
Questions	Translation
<b>1. Beschreib deine tägliche Routine</b>	Describe your daily routine
<b>2. Wann bist du gestern aufgestanden?</b>	When did you get up yesterday?
<b>3. Wann wirst du morgen ins Bett gehen?</b>	When will you go to bed tomorrow?
<b>4. Was machst du, wenn es kalt ist?</b>	What do you do, when it's cold?
<b>5. Worauf freust du dich?</b>	What are you looking forward to?

Section 2: Grammar
<p><b>Separable verbs</b></p> <p>A separable verb has a prefix which separates from the main verb in the present tense and the past participle.</p> <p><b>aufstehen</b> – to get up</p> <p>Ich <b>stehe</b> um 7 Uhr <b>auf</b> – I get up at 7 o'clock  Der Hund <b>steht</b> sehr spät <b>auf</b> – the dog gets up very late  <i>Note that the verb needs the correct ending</i></p> <p><i>With WO3, the separable prefix attaches to the verb.</i>  Wenn ich um 7 Uhr <b>aufstehe</b>, bin ich müde.  Weil der Hund sehr spät <b>aufsteht</b>, isst er kein Frühstück.</p> <p><i>The past participle makes clear when a verb is separable. Don't forget the auxiliary verb in the perfect tense.</i>  Gestern <b>bin</b> ich um 9 Uhr <b>aufgestanden</b>.  Ich <b>bin</b> zu früh <b>aufgewacht</b>.</p>
<p><b>Reflexive verbs</b></p> <p>Reflexive verbs need a reflexive pronoun that matches the subject. Some verbs in German are reflexive that aren't in English. These need to be learnt. (e.g. sich entspannen – to relax, sich freuen – to be happy)</p> <p><b>sich waschen</b> – to wash <u>oneself</u></p> <p><b>ich</b> wasche <b>mich</b> – I wash (myself)  <b>du</b> wäschst <b>dich</b> – you wash (yourself)  <b>er</b> wäscht <b>sich</b> – he washes (himself)  <b>sie</b> wäscht <b>sich</b> – she washes (herself)</p> <p><b>wir</b> waschen <b>uns</b> – we wash (ourselves)  <b>ihr</b> wascht <b>euch</b> – you wash (yourselves)  <b>Sie</b> waschen <b>sich</b> – you wash (yourself)  <b>sie</b> waschen <b>sich</b> – they wash (themselves)</p>

Section 3: WAGOLL & phonics
<p>Normalerweise stehe ich um halb acht auf, aber gestern war Sonntag und ich bin um Viertel nach elf aufgestanden. Ich will in der Woche nicht so früh aufstehen, weil ich oft müde bin.</p> <p>Zum Frühstück esse ich täglich Frühstücksflocken. Meine Schwester isst nichts, weil sie keinen Hunger hat. Wenn ich viel Hunger habe, streiche ich auch Toast mit Nutella oder Marmelade. Das schmeckt ganz lecker.</p> <p>Morgen werde ich um Mitternacht ins Bett gehen, denn wir gehen essen. Mein Bruder hat Geburtstag und wir werden mit unseren Großeltern feiern. Ich werde mich duschen und meine neue Jeans anziehen.</p> <p>Wenn es kalt ist, ziehe ich mich warm an und ich sehe Dokumentarfilme auf meinem Laptop.</p> <p>Ich freue mich auf nächstes Wochenende, weil wir ins Kino gehen werden. Ich freue mich so sehr auf den Film!</p>
<p><b>Gut zu wissen</b></p> <p>Scan the code to find out about a typical German school day. Have a think about the similarities and differences with Belper School.</p> <p>Where do you think you'd rather go to school?</p>




**GERMAN Y9 Word list Summer 1.A**

	ich wache...auf	I wake up
	ich stehe... auf	I get up
	ich dusche mich	I have a shower
	ich wasche mich	I have a wash
	ich ziehe mich an	I get dressed
	ich frühstücke	I have breakfast
	ich verlasse	I leave
	ich koche	I cook
	ich bereite...vor	I prepare
	vor sieben Uhr	before 7 o'clock

**GERMAN Y9 Word list Summer 1.B**

	aufgewacht*	woke up
	aufgestanden*	got up
	geduscht	showered
	gewaschen	washed
	angezogen	got dressed
	verlassen	left (to leave)
	gekocht	cooked
	vorbereitet	prepared
	gefrühstückt	had breakfast
	bis sieben Uhr	by 7 o'clock, until 7 o'clock

**GERMAN Y9 Word list Summer 1.C**

	um	at
	Viertel nach	quarter past
	Viertel vor	quarter to
	halb neun	half past 8
	Es ist zwei Uhr	it is 2 o'clock
	um zwei Uhr	at 2 o'clock
	in zwei Stunden	in 2 hours
	um wie viel Uhr	at what time
	wie spät ist es	what time is it
	ich habe keine Zeit	I don't have time

**GERMAN Y9 Word list Summer 1.D**

	wenn	wenn, if, whenever
	wenn ich Zeit habe	when I have time
	wenn ich müde bin	when I'm tired
	wenn ich Hunger habe	when I'm hungry
	wenn ich Glück habe	when I'm lucky
	wenn es kalt ist	when it's cold
	wenn es regnet	when it's raining
	obwohl es stressig ist	although it's stressful
	obwohl ich nicht genug schlafe	although I don't sleep enough
	obwohl er Hunger hat	although he's hungry

**GERMAN Y9 Word list Summer 1.E**

	sich freuen über	to be happy about
	sich freuen auf	to look forward to
	sich amüsieren	to enjoy oneself
	sich entspannen	to relax
	sich verstehen mit	to get on with
	sich streiten	to argue

**REVISION: Scan the QR code above to access the [word lists on Quizlet!](#)**  
**This QR code links to the Y9 sets.**

**German Year 9 Autumn 1****Phonics: z**



ziehe	Marzipan
Angezogen	zauberhaft
Kerze	März
Umzug	faszinierend

**Phonics: o vs ö**

Osterhase	schön
Obst	Löwe
kochen	Öl
Prost	Österreich

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Algorithm</b>	A series of simple, logical, step-by-step instructions that must be followed in a strict sequence.
<b>Sequencing</b>	When a set of instructions is carried out in order.
<b>Variable</b>	A storage location in a computer.
<b>Data type</b>	Different types of data are stored in variables: strings, integers, float, Boolean.
<b>String</b>	A data type consisting of alphanumeric characters; e.g. "Hello", "%\$&*" and "12345".
<b>Integer</b>	A data type consisting of whole numbers; e.g. 1, 10 and -100.
<b>Floating point number</b>	Also known as a real number. A data type consisting of numbers with decimal point; e.g. 2.3, 5.44 and 10.9.
<b>Selection</b>	Used when making a decision. It involves asking a question to which the answer is either true (yes) or false (no). Depending on the answer, the program follows certain steps and ignore others.
<b>Iteration / loop</b>	When a set of instructions is repeated, also referred to as a loop.
<b>Concatenation</b>	Lets you combine two or more strings or inputs in an output.
<b>if statement</b>	Allows selection in a computer program. Used to decide what to do next if a condition is True.
<b>else statement</b>	Used with if statements to check several conditions in a row.
<b>elif statement</b>	Short for 'else if' and used with if statements and else statements to check several different conditions in a row.
<b>for loop</b>	A type of loop used when we know how many times we want to do something.
<b>while loop</b>	used when we are unsure how many times we wish to carry out a repeated task.

Tier 2 vocabulary	Definition
<b>Execute</b>	To run a program. Select Run then Run Module OR press the F5 button.
<b>Condition</b>	Used to make decisions in a program.
<b>Process</b>	All modern computers function of the idea of input - process - output.
<b>Syntax</b>	The format that the code needs to be in.

Section 2: New Knowledge/Skills
<p><b>print statement</b> - allows you to display text in the shell.</p> <pre>print ("Hello World!") print ("I am a programmer")</pre>
<p><b>input statements</b> - using input ( ) we can ask a user to input information.</p> <pre>name = input("Enter your first name: ") print ("Hello") print (name) print ("Pleased to meet you.")</pre>  <p>Entering an <b>integer</b>.</p> <pre>number = int(input("Enter a number"))</pre>
<p><b>Concatenation</b></p> <pre>userName = input ("What is your name?") print ("Hello! " +userName)</pre>
<p><b>IF statements</b> - used to select different options depending on a condition (also known as <b>selection</b>).</p> <pre>realPassword = "computer" userPassword = input("Please enter the password: ") if userPassword == realPassword:     print ("The password is correct. ") else:     print("Wrong password. ")</pre>
<pre>number = int(input("Enter a number between -5 and 5")) if number &gt; 0:     print ("Your number is positive") elif number &lt; 0:     print ("Your number is negative") else:     print ("Your number is 0")</pre> 

## Section 3: Other subject specific content

### Naming variables:

userName is a **variable**.  
Choose a recognisable name.  
Start with a letter NOT a number.  
Can contain letters, numbers and the underscore symbol ( \_ )  
Variables are case sensitive (name, Name, NAME)

### Indexing strings

Each individual character in a string can be given a index value. The first character in the string is given the index value 0. The table represents a string stored in the variable **programName**.

p	y	t	h	o	n
0	1	2	3	4	5

### Adding a random element to your program

```
import random
number = random.randint(1,10)
print (number)
```

### Comments -

(#) an explanation or annotation in the code of a program.  
They make the source code easier for humans to understand, and are generally ignored by the computer.

### Syntax errors

Traceback (most recent call last):  
File "C:/Python33/a.py", line 2 in <module>  
**# Above - it says the line the error is on.**  
prin (greeting)  
NameError: name 'prin' is not defined  
**#Above - it says what type of error.**

### Don't forget about checking for errors

- ☒ Not indenting correctly, or forgetting to indent.
- ☒ Forgetting the colon (:) at the end of a line for selection - if, elif, else.
- ☒ Incorrect spellings - input instead of input, Print instead of print.
- ☒ Misspelt variable names e.g. username instead of userName.
- ☒ Forgetting the quotes at the end of strings.
- ☒ Forgetting the bracket at the end of a function.

# PE: Netball

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Holding Space</b>	Using your body to protect a space you want to move into.
<b>Interception</b>	Deflecting or catching the ball whilst it is on route to another player.
<b>Repossession</b>	Catching, dropping and then re-catching the ball.
<b>Rebounding</b>	Trying to reclaim the ball after an attempted shot at goal.
<b>Driving onto the ball</b>	Sprinting towards the ball when receiving a pass.
<b>Throw-up</b>	Method used to restart the game after two players simultaneously commit a foul.
<b>Double Lead</b>	Two players running out at an angle in different directions to give two passing options to a player in possession of the ball.

## Section 2: New Knowledge/Skills

Within the netball module you will learn about :

Tactics used at the centre pass – both in terms of attacking and defending the centre pass in order to try and maintain/win possession of the ball. Think about why it is important to keep possession of the ball during your own team's centre pass.

The correct technique for defending a shot at goal. Know where to move to in order to rebound a shot and then try to regain possession of the ball. Why is this important?

Holding space – you will be able to demonstrate the correct technique and know when to throw the ball to a player who is holding space. Can you identify when this technique would be effectively used?

Intercepting the ball - focusing on the correct technique and being able to intercept a pass without causing contact. Can you identify key points of how to carry out this technique?

Driving effectively onto the ball by running out at an angle, using a change of speed and direction and looking at double leads to help maintain possession of the ball.

# PE: Hockey

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Penalty corner</b>	An attacking set piece with the attackers lined up outside the circle and the defenders on the goal line.
<b>Injection</b>	Passing the ball into play from the penalty corner.
<b>25m hit</b>	Hockey's version of football's corner when a defender hits the ball behind their own goal line.
<b>Jab tackle</b>	A one-handed effort to reach in and knock the ball away from a dribbling player.

## Section 2: New Knowledge/Skills

In Year 9 Hockey, you will be working towards playing the full **11 v 11** version of the game with some of the more advanced rules such as **penalty corners** and **25m restarts**.

You will develop your range of skills by considering different ways to **score** when you get in and around the **shooting circle**.

Part of your development in hockey will include leadership and you may be asked to set up a practice for your teammates, captain a team or umpire a game.

As you go through the lessons, you should be able to answer some of these questions:

- Explain the difference between the jab tackle and the block tackle?
- Why is a penalty corner awarded and how do the players line up for it to be taken?
- Where (exactly) is a 25m hit take from?
- What are your options if you find yourself dribbling towards the keeper and how would you choose which one to use?
- Name 5 rules you would be looking out for if you were umpiring a hockey game.
- Describe a playing formation you might use to set your team up if you were captain.

# PE: Volleyball

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Set</b>	Passing the ball from in front of the forehead using the fingers and thumbs of both hands.
<b>Dig</b>	Passing the ball with the forearms - between the wrists and the elbows.
<b>Spike</b>	Volleyball's version of the smash - hitting the ball firmly over the net making it difficult for the opponents to return.
<b>Block</b>	The best defence against the spike is to jump up with both hands at the net to try to stop the ball coming over to your side.
<b>Serve/service</b>	The start of the rally can be done underarm or overarm. It must be taken by the player at the back right side corner.
<b>Sideout</b>	This is when the service transfers to the other team and the players move to a new position by rotating in a clockwise direction.

## Section 2: New Knowledge/Skills

The Year 9 Volleyball module will provide an introduction to a sport which is hugely popular among Key Stage 4 students. You will learn the key rules and skills to enable you to take part in a 4v4 game.

You should be able to answer these questions as you go through your volleyball module:

Give 3 points of technique for performing a set.

Why should a player try to set the ball rather than dig it?

Give 3 points of technique for the dig?

How many shots is a team allowed to get the ball over the net?

How many players are there in a volleyball team?

Who takes the next serve in a game of volleyball?

Suggest 5 ways a volleyball rally comes to an end.

## PE: Rugby

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Touch judge</b>	An important officiating role which you may need to take on in lessons.
<b>Gain line</b>	An imaginary line across the pitch where the breakdown occurs.
<b>Conversion</b>	Kicking over the bar for after a try is scored.
<b>Drop kick</b>	A half-volley kick to start the game.
<b>Drop goal</b>	A drop kick over the posts.
<b>Kick for touch</b>	Kicking the ball off the side of the pitch when your team is under pressure.
<b>Props</b>	Two forwards that support the hooker in a scrum.
<b>Hooker</b>	The forward who goes in the front middle of the scrum and tries to hook the ball with their feet.
<b>Fly-half</b>	A back who receives the ball from the scrum-half and decides how the backs will attack.

### Section 2: New Knowledge/Skills

In Year 9 rugby we are working towards playing the full 15-a-side version of the games with everyone able to contribute as a back or a forward in a specific position.

Try the following questions to check your knowledge of 15-a-side rugby:

Can you explain the full scoring system in rugby?

How many of the 15 positions on the field can you name?

What is the importance of the 'gain-line'?

How many players make up a full scrum?

Which players do most of the kicking in a game of rugby?

When might a team try for a drop goal?

Where is a conversion taken from?

## PE: Table Tennis

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Back spin</b>	Hitting down the back of the ball to make it travel more slowly over the net - a defensive tactic.
<b>Top spin</b>	Hitting over the top of the ball to give it topspin will cause it to dip as it goes over the net - an attacking tactic.
<b>Variation</b>	Doing different things to keep your opponent guessing - playing different shots to different parts of the table for example.
<b>Attack</b>	One playing is usually on the offensive, trying to hit the winning point.
<b>Defence</b>	If your opponent is on the offensive, you made need to adjust your position and your shot selection to effectively defend their shots.
<b>Shot selection</b>	The skill of knowing what shot to use at any point in the game.
<b>Block</b>	A defensive tactic of just putting your bat out to bounce the ball back over the net.
<b>Loop</b>	Playing the ball back high over the net when defending to give yourself time to get ready to defend the next shot.
<b>Backhand flick</b>	An attacking version of the backhand push. Just flick the wrist to add power.

### Section 2: New Knowledge/Skills

Year 9 table tennis will provide plenty of opportunity for you to compete with your classmates. As you compete more, you will develop tactical 'answers' to what is happening in the game.

You should be able to recognise when you are in attack and when you are in defence and start to change your shot selection and your positioning.

You will be expected to umpire and keep score for your classmates, being confident in stopping rallies when faults occur.

## PE: Gymnastics

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Partners/Pairs</b>	Performing with 1 other student.
<b>Trios/Groups</b>	Performing in a group of 3 or more.
<b>Cannon/ Mirror/ Unison</b>	Performing 1 after the other/performing in time in opposition/performing in time.
<b>Counter balance</b>	Leaning inward or towards a partner or group to support or maintain a balance.
<b>Counter tension</b>	Leaning outward or away from a partner or group to support or maintain a balance.
<b>Weight bearing</b>	Acting wholly or partially as the base of support in a pair or group balance.

### Section 2: New Knowledge/Skills

In Year 9 gymnastics, you will be challenged to develop more complex sequences with more people involved and more complex moves. This will not only develop your gymnastic skills, you will need to use good leadership and communication skills to get your group to work as a unit to create and perform the sequence.

Try these questions to check your understanding of Year 9 gymnastics:

Describe a weight-bearing balance as a trio?

Describe a counter-tension position for a group?

Explain how a group of 4 people could perform a counter-balance position?

What qualities does a leader need in order to organise a group into an effective sequence?

## PE: Basketball

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Rebound</b>	Catching the ball after a missed shot.
<b>Offensive rebound</b>	Taking a rebound when your team is in attack giving your team another chance to score.
<b>Defensive rebound</b>	Taking a rebound when you are in defence, preventing the other team from having another shot.
<b>Assist</b>	Setting a teammate up to score a basket.
<b>Outlet pass</b>	Making a quick pass out from under your own basket to set up an attack after you have taken a rebound.
<b>Breakout dribble</b>	Making a quick dribble out from under your basket (2 or 3 bounces) to set up an attack for your team.
<b>Officiating crew</b>	The team of officials needed to run a basketball game including a referee, an umpire, a scorer and a timekeeper.
<b>Half court defence</b>	Running back after your team lose possession to defend close to your own hoop.

### Section 2: New Knowledge/Skills

In basketball this year, you will be working towards playing the full court version of the game, with some of the more advanced rules and tactics. Hopefully, after your lessons, you will be able to answer some of the following questions:

What is the backcourt rule?

What are some of the time limits that players have to be aware of in a game of basketball?

Why is half-court defence played most of the time?

When might a team use full-court defence?

What makes a good rebounder and why are they so important to a team's success?

## PE: Health and Fitness

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Components of fitness</b>	Our fitness can be broken down into 11 components of fitness which we all possess. Examples include speed, strength, agility.
<b>Effects of exercise</b>	The short term effects of exercise are changes in the body which occur as a result of physical activity. We should know why they occur.
<b>Fitness testing</b>	Each component of fitness can be measured by a test. Using fitness tests can help performers to see if their training is having a positive effect on their fitness.
<b>Circuit training</b>	A method of training which involves exercising at a station then having a rest before moving to the next station.
<b>Weight training</b>	Using a resistance such as a dumbbell to exercise a specific muscle.
<b>Heart rate</b>	How fast our heart beats can be a good measure of how hard we are working and a good measure of how fit we are.

### Section 2: New Knowledge/Skills

The Health and Fitness module will give students a good foundation for taking responsibility for their own fitness.

You will look at a variety of ways to measure your own fitness and a variety of ways to improve your own fitness.

Many of the exercises and activities we do can be repeated at home with little or no equipment - you take responsibility!

The unit also provides a taste of some of the content students will experience should they opt for exam PE in KS4.

Try these questions as you complete this module:  
 How many of the major muscles can you name?  
 Can you link 5 components of fitness with their fitness test?  
 Can you list 10 exercises you can do with a pair of dumbbells?  
 Can you list 10 exercises you can do without any equipment?  
 Which heart rate is an important measure of your health?

## PE: Running

New Knowledge/Skills
You will use the same running route (3 laps/2200m) to work on endurance and work towards a <b>personal best</b> time. You will set your own targets based on previous times and set yourself <b>interim targets</b> (lap times and split times) to help you reach your goal.
We will continue to develop our <b>mental approach</b> to running by looking at some basic <b>tactics</b> (strategies) - when to run faster or when to conserve energy.
To improve our performance we will look at two <b>training methods</b> which can be used to improve running: <b>fartlek</b> and <b>interval</b> .
Fartlek training means running at different speeds for varying distances whereas interval training involves running a set distance or for a set time and then having a period of rest.

## PE: Health and Fitness

New Knowledge/Skills
Our focus on health and fitness across the sports will be on the <b>components of fitness</b> and how they are required in different activities.
Question: Can you list the 11 components of fitness?
Hopefully, you will be able to identify the main components of fitness used in any sport you do.

## PE: Leadership

New Knowledge/Skills
You will be challenged at times to take on the role of captain and help influence your team's performance.
You may be asked to lead a warm up in front of the class to help develop your confidence to stand in front of and speak to a large group of people.
You will also be given time in some activities to create your own practices for a group of classmates.



## Section 1: Key Vocabulary

Tier 3 vocabulary	Definition
<b>Igbo</b>	tribe from Nigeria
<b>Rebellion</b>	uprising against other people
<b>Voyage</b>	journey
<b>Captive</b>	kept as a prisoner
<b>Shackled</b>	chained together
<b>Enslaved</b>	sold and owned by another person
<b>Propaganda</b>	biased information used to spread a message

## Tier 2 vocabulary

Tier 2 vocabulary	Definition
<b>Charcoal</b>	drawing media- black , crumbly stick made from burnt wood
<b>Blend</b>	merge tone/colour from one to another
<b>Tone</b>	light and shade
<b>Proportion</b>	comparative measurements

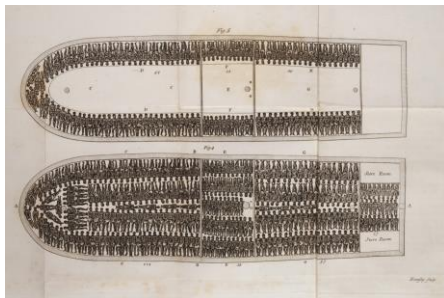


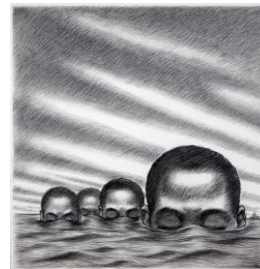
Diagram of slave ship 1801

## Section 2: New Knowledge/Skills

We are looking at artists related to Black History. Donavon Nelson made a series of drawings about the Igbo slaves to show the horror of slavery.

**Donovan Nelson** is a Jamaican artist whose art tells the story of the Igbo Landing. The Igbo Landing is a historic site of one of the largest tragedies involving enslaved people in history. Historians say Igbo captives from modern day Nigeria were purchased for an average of \$100 each by slave merchants John Couper and Thomas Spalding. The slaves arrived in Savannah, Georgia on the slave ship the Wanderer in 1803. The chained slaves were then reloaded and packed under the deck of a coastal vessel, The York, which would take them to St Simons where they were to be resold. During the voyage, approximately seventy five Igbo slaves rose in rebellion, drowning their captors. By their chief's direction, they then walked into the marshy waters of Dunbar Creek, and to their deaths. Local people claimed that the landing and surrounding marshes in Dunbar Creek were subsequently haunted by the souls of the perished Igbo. Blackpast.org

Igbo Landing  
2009  
Charcoal on paper



## Section 3: Slave trade: context.

[www.slavevoyages.org](http://www.slavevoyages.org) – View this website to explore information about the transatlantic slave trade.



This diagram of the 'Brookes' slave ship (bottom left), which transported enslaved Africans to the Caribbean, is probably the most widely copied and powerful image used by those who campaigned to end the trans-Atlantic slave trade. Traders knew that many of the Africans would die on the voyage and would therefore pack as many people as possible on to their ships - in total there were 609 enslaved men, women and children on board this ship. The conditions would have been appalling. Each person occupied a tiny space in the hold. In this case they had to lie in spaces just 10 inches high and were often chained or shackled together in pairs, making movement even more difficult. The cramped conditions meant that there were high incidences of disease. Because of the long distances involved, food and water was rationed, always in short supply or ran out completely.

By April 1787, the diagram was widely known across the UK, appearing in newspapers, pamphlets, books and even posters in coffee houses and pubs. An image had rarely been used as a propaganda tool in this way before and it proved to be very effective in raising awareness about the evils of the slave trade.

## Section 1: Key Vocabulary

Tier 3 vocabulary	Definition
<b>Realism</b>	The quality of representing a person or a thing in a way that is accurate and true to life.
<b>Composition</b>	The way in which different elements of an artwork are combined or arranged.
<b>Focus</b>	Clear visual definition.
<b>Naturalistic</b>	Closely imitating real life or nature.
<b>Coarse</b>	Rough or harsh in texture.
<b>Intense</b>	Extremely strong.
<b>Stippling</b>	A painting technique using small dots of colour.
<b>Symmetry</b>	The quality of being made up of exactly similar parts facing each other.

## Tier 2 vocabulary

Tier 2 vocabulary	Definition
<b>Texture</b>	The feel, appearance or consistency of a surface.
<b>Highlight</b>	The very lightest parts of an image.
<b>Layers</b>	A gradual build up of applications to achieve the desired effect.
<b>Crop</b>	A selected section of an original image.
<b>Stroke</b>	A single movement of a brush or other tool that makes a single mark.
<b>Detail</b>	An individual or small part of an item.
<b>Blend</b>	Mixing together so the colours/textures combine and disappear into one another.

## Section 2: New Knowledge/Skills

## Photorealism

A style of Art and Sculpture characterised by the highly detailed depiction of ordinary life with the impersonality of a photograph.

## Wildlife Artists

Alan M Hunt  
 Carl Brenders  
 Martin Dowse  
 David Shepherd

## Context

Many wildlife artists' main motivations are to conserve the world's wildlife for future generations. Alan M Hunt states it as his mission to impart some of the love, experience and concern for these animals and to protect the environment and the wildlife we share this planet with, through his Art.

'As a wildlife artist and conservationist, I have grave concerns for the environment and believe it needs as much support as I can possibly give, whether financially or as a spokesman. Rather than become a famous painter, I would like to be remembered as someone who tried to make people aware of the need to protect the environment, wildlife and the planet.'

## Artist tips to help you paint animal fur

'Start by painting the eye, when the eye looks correct, the animal starts to come alive'.

'It is important to understand the way fur, hair and feathers grow to believably paint them.'

'See which direction the fur is growing, make sure your brushstrokes follow this direction.'

'Painting fur is a lot like layering tiles on a roof, you start layering them from the bottom up.'

'Remember to work from dark to light with fur, the lightest colour is last.'

## Section 3: Other subject specific things

[bit.ly/bsadlastselfie](http://bit.ly/bsadlastselfie)



## WWF

The World Wide Fund for Nature is an international governmental organisation founded in 1961 that works in the field of wilderness preservation and the reduction of human impact on the environment.

## #LastSelfie

Launched on April 9th 2014

The idea behind the campaign is simple - the animals are conveying a message to their viewers which says 'Don't let this be my last selfie.' The timed message functionality on Snapchat was used to highlight that time is running out for the endangered species. After one week 400,000 tweets hit 120 million twitter timelines meaning 50% of all active twitter users were exposed to it. With headlines in more than 6 languages #LastSelfie raised global awareness and in just three days WWF reached their donation target for the entire month.

## Section 1: Key Vocabulary

### Tier 3 vocabulary Definition

**Choreographed Movement** Movement which is choreographed is likely to be stylised, rehearsed and carefully sequenced.

**Physical Theatre** Physical theatre shows that you don't have to use words to express ideas. It uses techniques such as movement, mime, gesture and dance and can be used to explore complex social and cultural issues.

**Direct Address** Direct address in drama refers to a character speaking directly to his or her audience rather than talking to other actors or simply leaving them thinking.

**Proxemics** Proxemics is the use of space/distance between characters on stage. This can represent the relationship between characters.

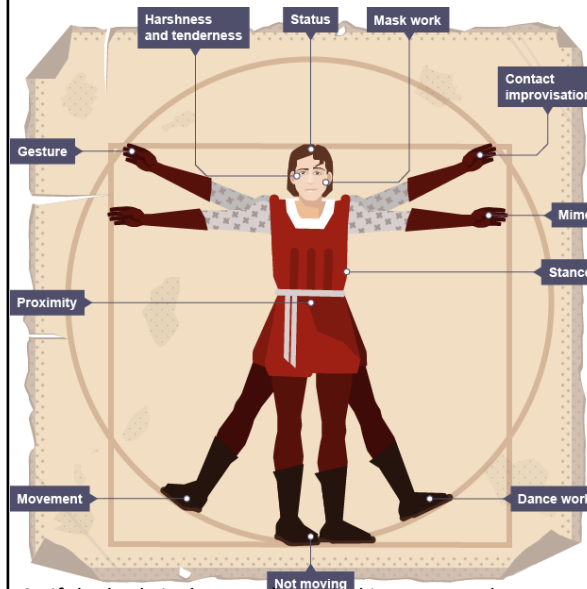
**Improvisation** Improvising is inventing and creating content, sometimes spontaneously. It's a great way to generate new ideas and for creating and developing characters, using a variety of useful techniques.

### Tier 2 vocabulary Definition

**Hierarchy** A hierarchy is a system of organising people into different ranks or levels of importance, for example in society or in a company.

**Gang Dynamics** This behavior often manifests itself in most or all of the gang's members, especially when they are together. This behavior can be explained as 'group dynamics,' which is essentially the way individuals behave when they are part of a group. The behavior can become extreme.

## Section 2: Physical Theatre



So if the body is the actor's musical instrument, how can you produce the music of Physical theatre?

**Mime** – This usually means stylised movement but can be comparatively realistic.

**Gesture** – A gesture may be something small but can have emotional impact or it can be a particular movement that defines a character.

**Status** – This may be executed by use of levels or by distance or strength of contact, or a combination of all of these with voice work.

**Proximity** – How close or far you are from your co-performers can be a source of very powerful impact. For example, the threatening gangster who speaks to his victim from a distance of perhaps a couple of inches.

**Stance** – This is associated with strength as the body could radiate assertion and authority or weakness by stance, incorporating posture.

**Harshness and tenderness** - Used here as umbrella terms to focus on the fact that in physical work the gestures and bigger movements come together to express the emotions of the piece.

## Section 3: Physical Theatre Continued

**Movement** - Every movement needs to be rehearsed with precision.

**Not moving** – If the stage is full of characters moving, immobility can have a powerful effect.

**Mask work** - The impact of a mask is visual and without the facial features to show action, movement becomes an even more central performance instrument.

**Dance work** – Don't be afraid to include dance in your work; you don't have to be an experienced dancer. 'Dad dancing' can work well in a comedy for instance!

**Motif** – This is repeated use of a movement pattern which has meaning and reminds us of the central theme of the work.

## Gangs and Knife Crime



Follow the QR Code to learn about the Knife Angel.

Links to prior knowledge:






*Physical theatre and non-naturalistic techniques – Bullying.*

*Status and hierarchy – Bullying.*

Section 1: Key VocabularyS	
Tier 3 vocabulary	Definition
<b>Leitmotif</b>	A frequently recurring short melodic or harmonic idea which is associated with a character, event, concept, idea, object or situation.
<b>Diagetic Music</b>	Music within the film for both the characters and audience to hear e.g. a car radio, a band in a nightclub or sound effects.
<b>Non-diagetic Music</b>	Music which is put “over the top” of the action of a film for the audience’s benefit and which the characters within a film can’t hear – also known as <b>UNDERScore</b> or <b>INCIDENTAL MUSIC</b> .
<b>Mickey Mousing</b>	When the music fits precisely with a specific part of the action in a film e.g. cartoons.
<b>Ostinato</b>	A repeated music pattern.
<b>Drone</b>	A long held note.

Tier 2 vocabulary	Definition
<b>Soundtrack</b>	The music and sound recorded on a motion-picture film.
<b>Melody</b>	A combination of pitch and rhythm. Often the main tune.
<b>Rhythm</b>	A combination of different note values to create a pattern.
<b>Notation</b>	Written symbols used to represent the notes on the stave.
<b>Composition</b>	The creation of music.

Section 2: New Knowledge/Skills
<p><b>The history of film music</b> Early films had no soundtrack and music was provided live, usually <b>IMPROVISED</b> by a pianist or organist. The first <b>SOUNDTRACKS</b> appeared in the 1920’s. In the 1930’s and 1940’s Hollywood hired composers to write huge Romantic-style soundtracks. Today, film music often blends <b>POPULAR</b>, <b>ELECTRONIC</b> and <b>CLASSICAL</b> music together in a flexible way that suits the needs of a particular film.</p> <p><b>How musical elements can be used in film music</b> <b>Pitch and melody</b> – <b>RISING MELODIES</b> are often used for increasing tension, <b>FALLING MELODIES</b> for defeat. Westerns often feature a <b>BIG THEME</b>. <b>Q&amp;A PHRASES</b> can represent good versus evil. The <b>INTERVAL OF A FIFTH</b> is often used to represent outer space with its sparse sound.</p> <p><b>Dynamics</b> – <b>FORTE (LOUD)</b> dynamics to represent power; <b>PIANO (SOFT)</b> dynamics to represent weakness/calm/resolve. <b>CRESCENDOS</b> used for increasing threat, triumph or proximity and <b>DECRESCENDOS</b> or <b>DIMINUENDOS</b> used for things going away into the distance. Horror Film soundtracks often use <b>EXTREME DYNAMICS</b> or <b>SUDDEN DYNAMIC CHANGES</b> to ‘shock the listener’.</p> <p><b>Harmony</b> – <b>MAJOR</b> – happy; <b>MINOR</b> – sad. <b>CONSONANT HARMONY</b> OR <b>CHORDS</b> for “good” and <b>DISSONANT HARMONY</b> OR <b>CHARDS</b> for “evil”.</p> <p><b>Duration</b> – <b>LONG</b> notes often used in to describe vast open spaces and <b>SHORT</b> notes often used to depict busy, chaotic or hectic scenes. <b>PEDAL NOTES</b> – long held notes in the <b>BASS LINE</b> used to create tension and suspense.</p> <p><b>Texture</b> – <b>THIN/ SPARSE</b> textures used for bleak or lonely scenes; <b>THICK/FULL</b> textures used for active scenes or battles.</p> <p><b>Articulation</b> – <b>LEGATO</b> for flowing or happy scenes, <b>STACCATO</b> for ‘frozen’ or ‘icy’ wintery scenes. <b>ACCENTS (&gt;)</b> for violence or shock.</p>

Section 3: Other/Previous Knowledge/Skills
<p><b>The purpose of music in films</b> Film Music is a type of <b>descriptive music</b> that represents a <b>mood, story, scene or character</b> through music, it is designed to <b>support the action and emotions of the film on screen</b>.</p> <p>Film Music can be used to:</p> <ul style="list-style-type: none"> <li>• Create or enhance a mood (though the <b>ELEMENTS OF MUSIC</b>)</li> <li>• Function as a <b>LEITMOTIF</b></li> <li>• To emphasise a gesture.</li> <li>• Provide unexpected juxtaposition/irony (using music the listener wouldn’t expect to hear giving a sense of uneasiness or humour!)</li> <li>• Link one scene to another providing continuity</li> <li>• Influence the pacing of a scene making it appear faster/slower</li> <li>• Give added commercial impetus (released as a <b>SOUNDTRACK</b>) – sometimes a song, usually a pop song is used as a <b>THEME SONG</b> for a film.</li> <li>• Illustrate the geographic location (using instruments associated with a particular country) or historical period (using music ‘of the time’).</li> </ul> <p><b>Film composers and their soundtracks</b></p> <div> <div> <p><b>Hans Zimmer</b></p>  </div> <div> <p><b>John Williams</b></p>  </div> <div> <p><b>James Horner</b></p>  </div> </div> <p><b>The Marvel Symphonic Universe</b></p>  <p><b>Composing Music for Film</b></p>  <p><i>Links to prior knowledge: Hooks and Riffs, Keyboard Skills, Rhythm and Poetry (composition)</i></p>



Tier 3 vocabulary	Definition
<b>Macronutrients</b>	The nutrients needed in larger quantities within the diet. Carbohydrates, proteins and fats.
<b>Micronutrients</b>	The nutrients needed in smaller quantities within the diet. Vitamins and minerals.
<b>Deficiency disease</b>	A health issue related to a lack of one or more nutrients in the diet. E.g. Kwashiorkor, Rickets and Anaemia.
<b>Dietician</b>	An individual who promotes good dietary health and treats nutritional problems by providing practical advice about food choices, based on scientific research.
<b>Complex Carbohydrates</b>	Also known as starchy carbohydrates. These should make up the majority of a person's carbohydrate intake. Providing slow-release energy.
<b>Simple Carbohydrates</b>	Also known as sugary carbohydrates. These should be consumed as a smaller proportion of the carbohydrate intake. Providing fast-release energy.
<b>Proteins</b>	A nutrient provided by meat, fish, dairy, nuts. Peas, beans and lentils. Protein is required for growth and repair.
<b>Saturated Fat</b>	A healthier type of fat which can be linked to higher risk of obesity, CHD and type II diabetes if consumed in larger quantities. Predominantly from animal sources.
<b>Unsaturated Fat</b>	A type of fat containing a high proportion of fatty acid molecules with at least one double bond, considered to be healthier in the diet than saturated fat. Predominantly from plant sources.
<b>Marinade</b>	A mixture of oils and spices / herbs in which meat, fish or other ingredients are soaked to absorb flavours and soften proteins before cooking.
<b>En papillote</b>	A cooking method where ingredients are cooked and served in a paper or foil wrap.

Tier 2 vocabulary	Definition
<b>Obesity</b>	The state of being grossly overweight.
<b>Diabetes</b>	A disease in which the body's ability to produce or respond to the hormone insulin is impaired, resulting in abnormal metabolism of carbohydrates and elevated levels of glucose in the blood.
<b>Ethical Awareness</b>	The ability to recognise moral and ethical issues. (In food these are related to the production, preparation and consumption of food products)
<b>Dietary recommendations</b>	The daily nutritional requirements of individuals that vary depending on a number of factors including age, physical activity level, sex & body size.
<b>Recipe Modification</b>	Changing a recipe to suit different dietary needs or preferences.
<b>Nutrients</b>	a substance that provides nourishment essential for the maintenance of life and for growth.
<b>Creaming method</b>	Combining a fat and sugar as the first stage of a recipe to aerate the mixture.
<b>Melting Method</b>	A cake making method where one or more ingredients are melted prior to the addition of dry ingredients.
<b>Dietary Fibre</b>	A form of carbohydrate which can be soluble (e.g. in oats) and helps to lower risk of heart disease, or insoluble in wholemeal products which helps to remove waste from the body, reducing the risk of constipation, diverticular disease & colon / bowel cancer

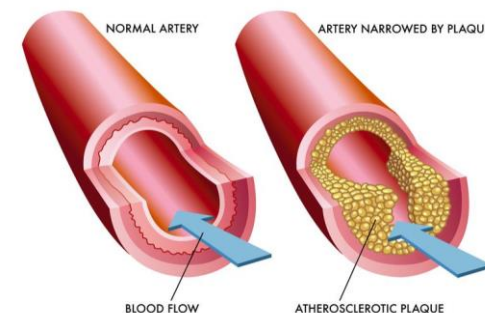
### Section 2: New Knowledge/Skills

The melting method - a cake making method which involves melting margarine / butter before adding it to dry ingredients.

List 3 other cake making methods -

- 1.
- 2.
- 3.

### Section 2: New Knowledge/Skills



The above diagram shows a picture the thickening and hardening of the artery walls. This build up of plaque is called

### Section 3



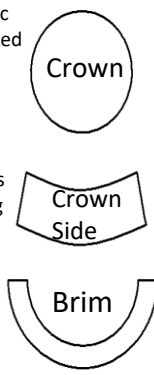
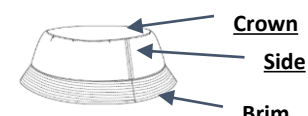
**Homework 1:** The Google Classroom H&S homework on safety set by your teacher (you can ask your teacher for a paper copy of this quiz if needed).

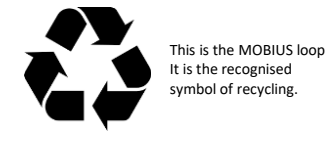
**Homework 2:** Read the nutritional information on this knowledge organiser then complete the quiz about Fibre on Google Classroom (ask for a paper copy if you need it.)

**Homework 3:** Design a poster showing additional research into ONE of the ethical issues discussed in class.



Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Top Stitching</b>	A line of stitching that is decorative on the outside of a garment.
<b>Stay Stitching</b>	A row of stitching that helps to keep fabric in the correct shape. Stops it distorting or ripping.
<b>Lining</b>	A layer of different material covering the inside surface of something.
<b>Interfacing</b>	An extra layer of material that is applied to the facing of a garment to add support.
<b>Crown</b>	The top of a hat. Usually circular.
<b>Brim</b>	The part of the hat that sticks out at the bottom to provide shade whilst it is being worn.
Tier 2 vocabulary	Definition
<b>Recycle</b>	To convert waste into a useable material
<b>Reuse</b>	To use something more than once
<b>Reduce</b>	To make a smaller amount of waste
<b>Refuse</b>	Turning down the use of materials and processes that can harm the environment
<b>Repair</b>	Can the product be mended so that it have a longer life?
<b>Rethink</b>	Looking for alternatives to products that are less damaging to the environment

Section 2: Skills
<p><b>Sewing Patterns</b></p> <p>A sewing pattern is a set of shapes that have been DRAFTED to use as templates to cut fabric out. These shapes have been planned and tested to ensure that when you sew them together they will form the GARMENT you want to make!</p> <p>Sewing patterns are GRADED, this means that the templates are adjusted to fit different sizes of people. For example the hat you are making comes in a range of sizes SMALL, MEDIUM etc</p> <p>The size of the hat you chose to make will be based on the circumference of your head.</p> 
<p><b>Manufacturing Process for the Hat</b></p> <ol style="list-style-type: none"> <li>1. Sew the BRIM to the CROWN SIDE, repeat 4 times</li> <li>2. Match the outside hat sides together, right sides together</li> <li>3. Repeat for the lining pieces.</li> <li>4. Sew each together down the sides.</li> <li>5. Stay stitch around the top of both hats.</li> <li>6. Snip into the top of the hat at 1cm intervals. Make sure not to cut through the stay stitching. Repeat for both hats.</li> <li>7. Pin the outside CROWN onto the top of the outside hat. Repeat for the lining of the hat.</li> <li>8. Machine around the top of the hat for both the lining and outside.</li> <li>9. Put the hats together RIGHT SIDES TOGETHER. Match up the edges and pin in place.</li> <li>10. Sew around the brim, leaving a gap big enough for your hand to get in!</li> <li>11. Turn the hat right sides out through the gap you left.</li> <li>12. Top stitch around the edge of the brim, also sewing up the gap.</li> </ol> 






Section 3: Knowledge
<p><b>Textiles and the Environment</b></p> <p>Of all industries textiles is the second most pollutant. As designers and consumers we have a responsibility to be aware of the impact it has.</p> <p>As designers we should consider the environment when picking the materials we will use to make our designs. For example considering using recycled materials, or sustainably produced fabrics.</p> <p>FAST FASHION has led to a huge increase in the amount of textiles that end up in landfill. There is also the impact of the MANUFACTURE and CARE of the garments during their life. As consumers we have a responsibility to consider the impact our purchases have on the environment.</p> <p>Some facts to consider:</p> <ul style="list-style-type: none"> <li>*2,700l of water is needed to produce 1 t-shirt. This is equivalent to enough drinking water for one person for 2.5 years.</li> <li>*10% of all greenhouse gases are produced by textile production.</li> <li>*0.5million tonnes of MICROFIBRES are released into the oceans each year as a result of washing SYNTHETIC textiles.</li> </ul>
<p><b>The 6 R's</b></p> <p>Whilst we are all quite familiar with the idea of recycling materials there actually 6 different 'R' words that we can use to consider our impact on the environment. This is a list of 6 different guidelines that people can use to help them reduce their impact on the environment. These words can be applied by the designer when they are creating new products or the consider who is looking to decide what to do with a ripped t-shirt!</p> <p>REDUCE RECYCLE REFUSE RETHINK REUSE REPAIR</p> 

Section 1: - Key Vocabulary	
Tier 3 Vocabulary	
<b>Biscuit Joint</b>	Small oval shaped piece of wood used to join two sections of larger wood together
<b>Light Dependant Resistor</b>	LDR – A resistor which changes it's ability to resist the flow of electricity based on the light level
<b>Pillar Drill</b>	A machine drill used to accurately drill holes in wood, metal and plastic
<b>Printed Circuit Board</b>	PCB – Plastic board which is printed with copper track and soldering pads, used to link electronic components together
Tier 2 Vocabulary	
<b>Cost</b>	Details about the cost of materials, manufacture, and retail price of a product
<b>Aesthetic</b>	What the theme, colour scheme and look of a product
<b>Function</b>	What a product is intended to do and how
<b>Ergonomic</b>	Detailed about how easy it is to interact with a product, including how it feels
<b>Quality</b>	How well a product is made, and how it effects the durability and material choice
<b>User</b>	How is the intended target market of the product.
<b>Environment</b>	How does your product effect the environment, from raw materials to end of life

Section 2: Skills	
<b>Soldering</b>	Being able to solder 'on and off board' components based on a schematic diagram independently  Soldered joints should be neat, use the correct amount of solder, they should be shiny to avoid 'dry joints', with errors being independently identified and repaired.
<b>Biscuit Joint</b>	Mark out joints, then uses a biscuit jointer under close supervision to joint join 2 panels of wood
<b>Pillar Drill</b>	Set up, including the changing the drill bit, to cut small and large diameter holes in wood to a fixed depth and through cut
<b>2D design software</b>	Use CAD software create a themed design, considering suitable and secure location of the PCB, power, and the inputs & outputs
<b>Application of laser cutting</b>	Understand the set up requirement needed to laser cut and engrave materials, including the use of colour to define cut type, and power/speed setting requirements for different materials
<b>Product Assembly</b>	Create a high quality, fully functioning, electronic product from a collection of parts. Including the use of glues and fixing techniques
<b>Health and Safety</b>	Consistently use a wide range of tools and equipment safety, always using the correct PPE

#### Section 4:- WAGOLL



Section 3:- New Knowledge	
<b>Product Analysis and Evaluation</b> <ul style="list-style-type: none"> <li>Complete an in depth evaluation of your own completed practical work, and a similar commercial product using the common evaluation techniques, including CAFEQUE and LCA</li> </ul>	
<b>Design Theme Research</b> <ul style="list-style-type: none"> <li>Develop your knowledge of a well known designer or design house, being able to explain their style and ethos. Apply this design style to a product</li> </ul> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>PlaySam</p> </div> <div style="text-align: center;">  <p>Alessi</p> </div> <div style="text-align: center;">  <p>Memphis</p> </div> <div style="text-align: center;">  <p>De Stijl</p> </div> </div>	
<b>Life Cycle Assessment</b> <p>Understand the concept of LCA and how it applies to every stage of a products life. Apply the concept to your product during the evaluation.</p> 	
<b>Risk Assessment</b> <ul style="list-style-type: none"> <li>Understand the meaning off, and difference between a hazard and a risk.</li> <li>Identify people at risk and control measures which can be put into place to make an activity safer</li> <li>Complete a formal risk assessment for skills/tools/machines which are used to make the clock project</li> </ul>	
<b>Processes</b> <p>Be able to explain the competent safe use of the following machines using annotation and sketches.</p> <ul style="list-style-type: none"> <li>Pillar Drill</li> <li>Biscuit Jointer</li> <li>Strip Heater/Line Bender</li> </ul>	

Section 1: Key Vocabulary	
Tier 3 vocabulary	Definition
<b>Consent</b>	Permission or agreement for something to happen
<b>Non-consensual</b>	Not agreed to by one or more people
<b>Complainant</b>	The party who makes the complain in a legal proceeding
<b>Perpetrator</b>	A person who carries out a harmful act
<b>Penetrative</b>	To enter into or through something
<b>Puberty</b>	When adolescents reach sexual maturity
<b>Chlamydia</b>	A sexually transmitted parasite bacterium
<b>Artificial Insemination</b>	Medical procedure of injecting semen into the vagina.
<b>STI</b>	Sexually transmitted infection
<b>HIV</b>	Human immunodeficiency virus that weakens the immune system

## Section 2: Aims

During PSHE lessons this half term, we will learn about the following:

- Know what consent means
- Explain why consent is important
- Evaluate different ways of giving consent
- Know about forms of contraception
- Explain the effectiveness of these types of contraception
- Assess what impact sexually transmitted diseases can have on your sexual health

## CONTRACEPTION

Find out more about each method at:  
[brook.org.uk/contraception](http://brook.org.uk/contraception)



	External condoms	Internal condoms	Diaphragms and caps	Combined pill	Progestogen-only pill (mini pill or POP)	Contraceptive implant	Contraceptive injection	Contraceptive patch	Contraceptive vaginal ring	Intrauterine system (IUS or Mirena)	Intrauterine device (IUD)	Fertility awareness methods	Sterilisation
<b>Barrier methods:</b> Stop sexual fluids being transferred between partners. Only condoms (both internal and external) protect against STIs and pregnancy.													
<b>Hormonal methods:</b> hormones oestrogen and/or progestogen work to disrupt the process that leads to pregnancy.													
<b>Other</b>													
<b>Permanent</b>													
<b>Effectiveness</b> (with correct use)	98%	95%	92-99%	99%	99%	99%	99%	99%	99%	99%	99%	75%	99%
<b>Protects against STIs &amp; pregnancy</b>	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
<b>Use only when you have sex</b>	✓	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
<b>Use every day</b>	✗	✗	✗	✓	✓	✗	✗	✗	✗	✗	✗	✓	✗
<b>May help with heavy periods</b>	✗	✗	✗	✓	✗	✗	✗	✓	✓	✗	✗	✗	✗
<b>Lasts for months or years</b>	✗	✗	✗	✗	✗	✓	✓	✗	✗	✓	✓	✗	✓
<b>Widely available</b>	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗
<b>Doesn't interrupt sex</b>	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓
<b>Hormone free</b>	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✓	✓	✓
<b>Easy to hide</b>	✗	✗	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✓
<b>Mistake proof</b>	✗	✗	✓	✗	✗	✓	✓	✓	✗	✓	✓	✗	✓
<b>LARC</b> (long acting reversible contraception)	✗	✗	✗	✗	✗	✓	✓	✗	✗	✓	✓	✗	✗

2 Black/Blue Pens  
and 1 Coloured Pen



2 Pencils



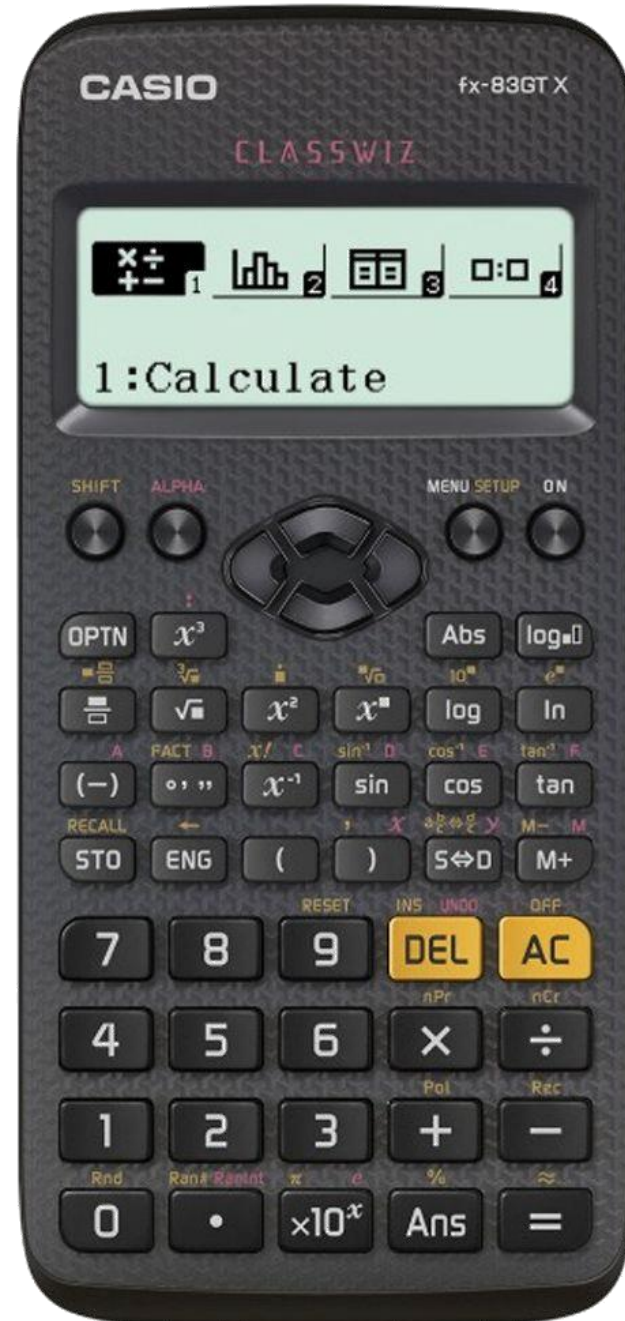
Eraser



Pencil Sharpener



Scientific Calculator



Planner

Ruler

